Integrating Bullying Prevention Efforts into Emergency Management Planning

Overview Resources

Readiness and Emergency Management for Schools (REMS) Technical Assistance (TA) Center

REMS TA Center Website

The REMS TA Center Website serves as a hub of information for all REMS TA Center services and resources. On the *Homepage*, links to request a live training, take a virtual training or online course; request technical assistance; or access School Emergency Operations Plan (EOP) Interactive Tools are provided. Easy-to-navigate menus promotes information and resources specific to intended audiences and needs, and a News & Highlights section directs users to timely information in the field of school preparedness. http://rems.ed.gov/

School Climate and Emergencies Webpage

This Webpage offers information on criteria for positive school climate within the framework of the phases of prevention of, response to, and recovery from an emergency. Sections on conducting a comprehensive needs assessment and using multi-tiered interventions and supports provide data-driven information on these topics within school climate, providing users with in-depth information and links that may inform approaches to addressing school climate.

http://rems.ed.gov/K12SchoolClimateAndEmerg.aspx

Developing Emergency Operations Plans (EOPs) K-12 101 Training by Request (TBR)

The REMS TA Center offers two versions of the *Developing Emergency Operations Plans (EOPs) K-12 101* training, which presents an overview of recommended planning processes and key considerations for creating, revising, or enhancing school EOPs. The *Train-the-Educator (TtE)* version is intended for school and school district personnel, including school staff who serve on an EOP planning team, and other interested community stakeholders, including first responders and law enforcement. The *Train-the-Trainer (TtT)* version is intended for potential master trainers from participating schools and school districts responsible for training site-based planning teams. Interested sites can request a TBR by completing a Host Site Application for submission to the REMS TA Center.

http://rems.ed.gov/TA TrainingsByRequest.aspx

Developing High-Quality School Emergency Operations Plans: An Overview Webinar

This 90-minute Webinar presented by the REMS TA Center provides an overview of the *Guide for Developing High-Quality School Emergency Operations Plans* and additional information on school culture and climate. The Webinar covers the key principles that guide school emergency management planning; the process for developing, implementing, and refining a school EOP; the form, function, and content of a school EOP; and topics that support school emergency operations planning.

http://rems.ed.gov/DevelopingHigh-QualitySchool.aspx





National Center on Safe Supportive Learning Environments (NCSSLE) Technical Assistance (TA) Center

NCSSLE TA Center Website

This Website includes links to the Safe and Supportive School/ED School Climate Survey (EDSCLS) Model along with information and data on how school climate affects learning. Also available are links to information on school discipline laws, resources on how to measure school climate, and topic-specific information for the various levels of education and roles within the school community. https://safesupportivelearning.ed.gov/school-climate

School Climate Improvement Resource Package (SCIRP) Webpage

This is a collection of resources for stakeholders interested in addressing and improving school climate. Components include a Quick Guide that provides an overview of methods to improve school climate, a reference manual that provides lists of goals, strategies, outputs, and resources on improving school climate, an Action Guide for school leaders that provides steps on how to support a healthy school climate, a resource list for stakeholders to assist in interpreting school climate data, and online modules that provide an opportunity to practice skills related to managing school climate. https://safesupportivelearning.ed.gov/scirp/about

ED School Climate Surveys (EDSCLS) Webpage

The EDSCLS web-based administration platform offers a collection of school climate surveys for middle and high school students, instructional staff, non-instructional staff, and parents/guardians. All resources are free of charge, and the platform processes data and provides user-friendly reports in real-time. Education agencies administering the survey can store the data locally on their own data systems. The EDSCLS measures three domains of school climate—engagement, safety, and environment—and covers such topics as physical safety and mental health. Users in need of assistance with navigating the platform have a wide variety of tools available, including the EDSCLS Administration User Guide and the EDSCLS Survey Item Lists. A Help Desk line and email line are also available.

https://safesupportivelearning.ed.gov/edscls

A Quick Guide on Making School Climate Improvements

This Quick Guide provides school leaders with basic information on how to initiate, implement, and sustain school climate improvements. It explains how improvements involve five sets of activities—planning; engaging stakeholders; collecting, analyzing, and reporting school climate data; identifying and implementing interventions; and monitoring and evaluation—and explains why these activities are important, along with things to avoid when doing them.

https://safesupportivelearning.ed.gov/sites/default/files/NCSSLE_SCIRP_QuickGuide508%20gdc.pdf

Creating a Safe and Respectful Environment on Our Nation's School Buses

Training Toolkit for School Bus Drivers

This Toolkit is designed for trainers to assist school bus drivers in cultivating positive relationships with students while creating a welcoming and comfortable bus climate for all riders. Module 1





addresses how to identify and effectively intervene when bullying is witnessed firsthand, while Module 2 discusses effective strategies to build a positive school bus climate that will prevent bullying. Training materials included are palm cards, posters, and a binder cover for training packets. https://safesupportivelearning.ed.gov/creating-safe-and-respectful-environment-our-nations-school-buses-training-toolkit

Training Toolkit for Teachers

This Toolkit is designed for trainers to assist teachers in addressing bullying in the classroom and creating a positive climate conducive to learning. Module 1 addresses how to identify and effectively intervene when bullying is witnessed firsthand, while Module 2 discusses effective strategies to build a positive classroom climate that will prevent bullying. Training materials included are a trainer's guide, PowerPoint, and handouts.

https://safesupportivelearning.ed.gov/creating-safe-and-respectful-environment-our-nations-classrooms-training-toolkit

StopBullying.gov | U.S. Department of Health and Human Services

StopBullying.gov Website

This Website serves as a hub of information on the Federal perspective on bullying and contains information defining bullying, including cyber bullying, considerations for specific groups, and recommendations on preventing and mitigating bullying. Information, resources, and training on addressing bullying are tailored for a variety of groups including parents, educators, teens, kids, and the community. A collection of videos that discuss bullying are provided, as well. Additionally, laws and regulations for specific states may be searched.

Bullying Prevention Training Center Webpage

http://www.stopbullying.gov/index.html

This section of the StopBullying.Gov Website provides resources on a variety of topics related to bullying prevention, including creating a community event around bullying prevention and working with stakeholders. Also included is a Continuing Education course on bullying prevention, a training module that can help the user lead bullying prevention efforts in their community, a Community Action Toolkit including materials to create a community event, User Guides tailored to 11 different audiences that help them understand their role in bullying prevention, a booklet featuring real stories of how community leaders are addressing bullying prevention, and links to trainings for educators and school bus drivers. http://www.stopbullying.gov/prevention/training-center/

Bullying Prevention Training Course

This online course from the Federal bullying prevention site, Stop Bullying, provides guidance on how to take a public health approach to bullying prevention through the use of long-term, community-wide prevention strategies. Supplemental resources are provided that give helpful





strategies for how to discuss bullying, respond to it, and stop it on the spot. Continuing Nursing Education credits are provided by the course.

http://www.stopbullying.gov/prevention/training-center/bullying-prevention-training-course/index.html

Bullying Prevention Training Module

This course, which can be delivered on-site, covers the definition of bullying, the many forms that bullying can take, 10 key research-based findings on bullying, misdirections in addressing the bullying response, and best directions in bullying response. Throughout the training are opportunities for trainees to check their understanding of the concepts presented.

http://www.stopbullying.gov/prevention/training-center/training-module-2016.pdf

Community Action Toolkit

This Toolkit includes materials to create a community event using the strategies discussed in the Bullying Prevention Training Module described above. The Toolkit includes a checklist of key stakeholders to engage with, an action planning matrix to help brainstorm and identify key action points for each stakeholder, an overview of topics to avoid when discussing bullying, and funding ideas for future bullying prevention activities.

http://www.stopbullying.gov/prevention/training-center/community-action-toolkit.pdf

User Guides for Stakeholders

These User Guides are tailored for 11 audiences, including school administrators and early education and child care providers, as well as mental health professionals and law enforcement officers. Each Guide begins by discussing the unique role of the audience in addressing bullying and steps that they can take to prevent or mitigate it. Also provided are a list of challenges and opportunities that the specific audience has in addressing bullying, as well as potential next steps to address bullying. http://www.stopbullying.gov/prevention/training-center/index.html

Policies and Laws

This interactive map allows users to review state-by-state laws and policies regarding bullying. Within each state, information on whether the laws or policies cover cyberbullying, which groups are listed under anti-bullying laws, state model policies that may be used to create anti-bullying policies at a local school or district, and key components of laws or policies, are provided. Additionally, users may view specific state laws and additional resources from the state government.

http://www.stopbullying.gov/laws/

Additional Resources

Bullying and Suicide Webpage

Although bullying does not cause suicide, according to the Substance Abuse and Mental Health Services Administration (SAMHSA) and the Centers for Disease Control and Prevention (CDC), they share many of the same risk factors. Both are complex issues and must be addressed as part of a comprehensive violence





prevention program that provides supports and interventions along a continuum ranging from prosocial skill instruction to intervention and follow up supports to victims. SAMHSA's webpage, "Bullying and Suicide" offers valuable information, research, resources, and links to additional Federal resources to support schools in addressing bullying and suicide. More importantly, as schools partner with their local mental health partners, the site offers links to the Behavioral Health Treatment Locator as well as the National Suicide Prevention Lifeline hotline.

http://www.samhsa.gov/suicide-prevention/bullying

KnowBullying—The Free App from SAMHSA

KnowBullying is a free smartphone that provides users with a variety of tools that may aid them in addressing bullying and cyberbullying. These tools include conversation starters to initiate a discussion on bullying with a child, tips to prevent bullying in children and teens, warning signs of bullying, reminders to talk with a child or teen, social media strategies for continuing the conversation on bullying prevention, and a special section for educators on strategies for preventing bullying in the classroom and supporting children who are being bullied. The app is available on the Apple App Store and Google Play Store. http://store.samhsa.gov/apps/knowbullying/index.html

Youth Risk Behavior Surveillance System (YRBSS)

Produced by the Division of Adolescent and School Health, within the CDC, the Youth Risk Behavior Surveillance System (YRBSS) is a survey administered to representative samples of high school students every two years. The survey monitors six types of health-risk behaviors that contribute to the leading causes of death and disability among youth and adults, including bullying behaviors. On this Webpage, users may compare district/local data with nationwide trends, access fact sheets on specific behaviors, and view raw data. The Youth Online tool provided on the page allows users to filter and sort data on the basis of race/ethnicity, sex, grade, or location, and create customized tables and graphs and perform statistical tests.

http://www.cdc.gov/healthyyouth/data/yrbs/index.htm



